

WHAT TO EXPECT FROM A CAREER ADVISOR

Career Advisors are trained to listen to you, help formulate goals based on your needs, and assist you in finding the best resources to meet those needs. Formal assessments are often used to help you move toward realistic action plans to meet your goals.

Career Center staff will be respectful of you and are genuinely willing to help.

A CAREER ADVISOR CAN HELP YOU:

- Explore your values and interests
- Understand your skills and strengths
- Find answers to career-related questions
- Explore majors and/or careers that might be a good fit
- Develop decision-making skills
- Research specific career questions
- Identify challenges that could influence your career choices
- Develop job-search and interviewing skills
- Write a resume or other correspondence