JAN. 2021 VOL. 1



### FINANCIAL LEARNING AMBASSADOR PEER TO PEER PROGRAM



# **BUDGETING MATTERS**

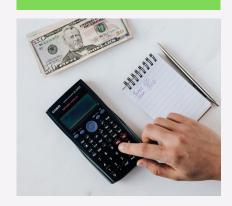
By: Financial Learning Ambassadors

## Why budget?

- Helps you know where your money is going and to identify your financial habits
- Helps you achieve financial goals
- Helps you invest in your future
- Helps you spend without guilt
- Provides you with a sense of freedom
- Helps you better prepare for emergencies

BUDGETING

TIPS AND
MYTHS



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## TIPS AND MYTHS

By: Financial Learning Ambassadors

#### MYTH:

Budgeting is too restrictive. Actually, organizing your expenses in relation to your income will allow you to spend money each month worry free. A budget can include amusement, restaurants, and even travel! The idea is to divide your income in a way that allows you to achieve your short and long term financial goals without stress.

#### TIP

Apps and budgeting tools can make this a much easier process for you. Review your financial institution's website to see what free budgeting tools they may offer. You may also try Every Dollar by Dave Ramsey, or Mint.

#### **MYTH**

There is no way I can save, my income is too low. While it may be true that your financial commitments may be exceeding your income, thus not allowing you to save, reviewing your financial habits may reveal that YOU CAN. Food, subscriptions, and entertainment may be some areas where you are spending more than you need to.

### TIP

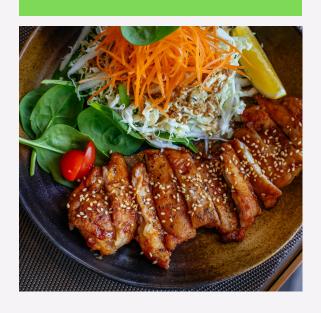
Pack your lunch and review your financial statements or bank transactions. Preparing your meals at home will drastically reduce your food budget and even encourage healthier eating habits. In the long run, a healthier life style also translates to more financial freedom as you will incur less medical expenses.

Additionally, checking your bank statements or transactions will help you spot subscriptions that you may not be not be using. These may be sucking the life from your bank account. Lastly, this will also help you determine if late fees are eating up your funds.



"YOUR MOST
POWERFUL WEALTH
BUILDING TOOL IS
YOUR INCOME AND
WHEN YOU GIVE IT
AWAY YOU DON'T
HAVE IT ANYMORE"

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